



Tasmania Police Applicant



CERTIFICATE OF SWIMMING PROFICIENCY

INSTRUCTIONS FOR THE APPLICANT:

- The assessment **must** be completed by an Accredited AUSTSWIM Assessor.
- To book an appointment with an AUSTSWIM accredited Centre, visit www.austswim.com.au and click on the 'Find a Swim School'. To find a Centre nearest you enter your suburb or postcode and tick the 'AUSTSWIM Assessor Available' box
- When you attend your assessment you'll need to provide the assessor with:
 - your driver's licence or other form of photo identification
 - a printed copy of these instructions
 - the Certificate of Swimming Proficiency provided on page 3.
- You will need a pair of long pants (light weight pants/trousers or similar) and a short sleeve shirt to swim in for the whole test.
- There may be an assessment fee payable to the pool you're completing your test at. This covers your pool entry, assessment and certification. This fee is for one attempt only. If further assessments are required you'll need to pay additional fees. Tasmania Police is not responsible for fees associated with this test.
- Once you've successfully completed your assessment, email the completed certificate to Tasmania Police Recruitment Services at recruiting@police.tas.gov.au.

INSTRUCTIONS FOR THE ASSESSOR:

- View the applicant's driver's licence or other form of photo identification and record details on the **Certificate of Swimming Proficiency** form.
- Collect the assessment fee.
- Check that the applicant has the correct clothing for the test.
- Complete the **Tasmania Police Swimming Proficiency Test** as detailed on page 2.
- If the applicant successfully completes the assessment, complete the certificate, and return it to the applicant.



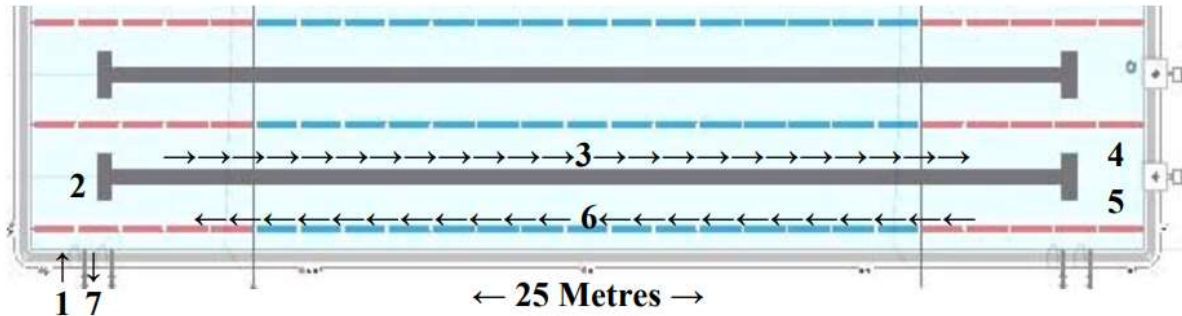


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ASSESSMENT INSTRUCTIONS:



- 1** Enter the water safely and appropriately (slide in entry for shallow water less than 1.5 metres or shallow dive for water deeper than 1.5 metres).
- 2** Float, scull or tread water for one minute with feet off the bottom of the pool.
- 3** Swim 25 metres with head above water to a target area using freestyle or survival breaststroke.
- 4** Float, scull or tread water for one minute with feet off the bottom of the pool.
- 5** Duck dive to the bottom of the pool and retrieve a weighted object (2kg rubber brick or similar) from the bottom of the pool.
- 6** Return tow-weighted object swimming 25 metres using either sidestroke or lifesaving backstroke.
- 7** Exit the water appropriately.

NOTES:

- The test must be completed in a 25 metre swimming pool.
- The starting point must be at the shallowest end of the pool.
- The deepest end of the pool must be no less than 1.2 metres and no more than 2.0 metres.
- The applicant must wear long pants (light weight pants/trousers or similar) and a short shelf top throughout the test.
- The applicant must complete the test continuously without stopping, putting their feet down or touching the sides of the pool.
- The weighted object may be a rubber brick or a similar object weighing around 2kgs.





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APPLICANT DETAILS (Completed by Applicant)

Full Name:			
Residential Address:			
Suburb:			
State:		Post Code	
Applicant Signature		Date:	

ENDORSEMENT BY ASSESSOR

Photo ID Sighted: Yes No

The above applicant has (full name): _____

Has successfully demonstrated the ability to complete the following swimming proficiency test

- 1 Enter the water safely and appropriately (slide in entry for shallow water less than 1.5 metres or shallow dive for water deeper than 1.5 metres).
- 2 Float, scull or tread water for one minute with feet off the bottom of the pool.
- 3 Swim 25 metres with head above water to a target area using freestyle or survival breaststroke.
- 4 Float, scull or tread water for one minute with feet off the bottom of the pool.
- 5 Duck dive to the bottom of the pool and retrieve a weighted object (2kg rubber brick or similar) from the bottom of the pool.
- 6 Return tow-weighted object swimming 25 metres using either sidestroke or lifesaving backstroke.
- 7 Exit the water appropriately

Assessor Signature:			
Name:			
Licence No:		Expiry:	
Swim Centre Name:		Phone:	
Address of Centre:			
Date of Assessment:			

